



**South
Fayette
Twp High
School
May & June 2024**

Lion's Mane Station Meal

Included with your meal, Fruit/ Vegetable/ Potato and Milk - Roll, bun or grain

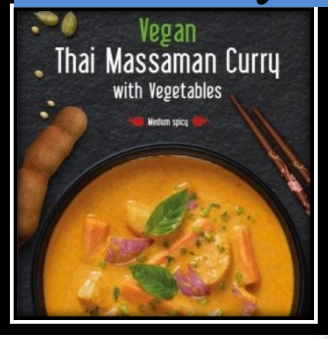
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|--|---|--|---|--|
| May 2024 | Free Continental Breakfast for all students – stop down and grab a juice and muffin or other items | | | Pick Up a “FULL MEAL” from our Worldly Station (\$3.25) or our Lions’ Mane Station \$2.80 and \$3.25 Free and Reduced qualifying students should also select their meal from one of these two stations. | |
| | | | May 1 Chicken Strips w/ steamed broccoli - Side of Macaroni & Cheese Worldly Cuisine/WRAP IT UP: Nacho Grande Bar | 2 Cheeseburger or Hamburger Potato, Fruit, Milk Worldly Cuisine: Nacho Grande Bar | 3 Diced Chicken with Cheddar Cheese Wrap, Potato, Steamed Veggie, Milk Worldly Cuisine & WRAP IT UP: Chicken Wraps or Steak Wraps - lettuce, tomato, cheddar cheese |
| 6 | Chicken chunks , Potato, Steam Veggie, fruit and Milk Worldly Cuisine/WRAP IT UP: Nacho Grande Bar with Chicken /Beef | 7 Chef’s Choice Worldly Cuisine/WRAP IT UP: Nacho Grande Bar with Refried Bean, Taco seasoned Beef | 8 Meatballs Hoagies on Cellone’s Bun Potato, fruit and Milk Worldly Cuisine/WRAP IT UP: Stir Fry Veggies over Rice Naan Bread | 9 Chicken Patty Sandwich on Bun, Potato, fruit and Milk Worldly: TBA Chef’s Choice | 10 Grilled Cheese Sandwich with Tomato Soup, Fruit and Milk Both Stations |
| 13 2 hr late start | Mini Pancakes , syrup, fruit, Potato, and Milk Worldly Cuisine: Garden Burger, Potato, Fruit, Milk | 14 Chicken Bowl - Diced chicken with gravy over mashed potato and corn Nacho Grande Bar – Chicken/Refried beans/Taco Meat | 15 Chicken Strips , potato, fruit and Milk Nacho Grande Bar - Refried Beans or Taco Meat - Choose you own toppings. | 16 Pasta Day - Pasta Bar Your choice of Pasta and sauce, fruit, veggie and Milk Garlic Stick Both Stations | 17 Boneless Breaded Wings , Steamed Peas, fruit and Milk Worldly Cuisine: Noodle Bowl: Ginger Sauce, Noodles, veggies and Naan Bread |
| 20 | The Lion Wrap Cheeseburger or Hamburger WRAP with lettuce/tomato, pickles, Thousand Island Dressing (Big Mac sauce) , fries, fruit and Milk Worldly Cuisine: Garden Burger on Bun – potato, fruit and Milk | 21 Chicken Chunks - drizzled with Orange Ginger Sauce, potato, fruit and Milk Worldly Cuisine/WRAP IT UP: Nacho Grande Bar with Refried Bean, Taco seasoned Beef | 22 Chef Choice - TBA Worldly Cuisine/WRAP IT UP: Nacho Grande Bar with Refried Bean, Taco seasoned Beef | 23 Chef’s Choice TBA Worldly Cuisine/WRAP IT UP Stir fry Veggies over Rice - Naan Bread | 24 We Celebrate our Seniors - Senior Waffle Breakfast in the Morning. Lunch: for 9,10,11 th Grade Waffles, sausage or Yogurt, Potato, fruit and Milk |
| 27 | NO School | 28 Chef’s Choice - TBA Worldly Cuisine/WRAP IT UP: Nacho Grande Bar with Refried Bean, Taco seasoned Beef | 29 Stuffed Crust Pizza Steamed Veggie, Fruit and Milk Worldly Cuisine/WRAP IT UP: Nacho Grande Bar with Refried Bean, Taco seasoned Beef | 30 Chef’s Choice - TBA Worldly Cuisine/WRAP IT UP: Nacho Grande Bar with Refried Bean, Taco seasoned Beef | 31 Maxx’s Dipping Sticks , Steamed Veggie, fruit and Milk Both Station |

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| June 2024 Pay off all Cafeteria debts – report cards being issued soon | | | | |
| JUNE 3 Chef's Choice | JUNE 4 1/2 Day Early Dismissal Breakfast only at HS and Middle School | JUNE 5 Have A Wonderful Summer Break | 6 | 7 |

Stop and see our selections: We offer items such as:
 *Veggie Boca Pattie * Spicy Black Bean Pattie on Bun
 *Outrageous Orange Stir Fry Wrap Tofu, *Vegetable Biryani w/Tofu, Chana Masala, Noodle Bowl with Stir- Frye veggies.
 Meal Price is \$3.25 Reduced Students pay nothing this school year, students qualifying for Free or Reduced Meals will receive a free meal from this station or the Lion's Mane



Our Worldly Cuisine/Wrap IT UP \$3.25



www.southfayette.org Click on Food Service to view all information regarding our meal program.

Meal Pricing

- Regular Priced Meal \$2.80
- Premium Meal \$3.25
- Staff /Adult Meal: \$4.60

Milk, Fruit/Vegetable included in the MEAL Price

Reduced Qualifying Students pay \$.40 cents and all students qualifying for Free Meals can select their meal from these two stations.

Note: This Station serves a "FULL Plated Meal". Reimbursable meal should be selected from this station or our **NEW Worldly Cuisine** Station. Students participating in the NSLP lunch program should select their meal from either station. Full Meals Include: Entrée, fruit, vegetable and Milk.

All other stations in the food court are considered ala carte and are not included in the meal plan and will be priced at ala carte pricing. Submit a Free and Reduced Meal application at anytime throughout the school year. There are several options each day at this amazing station. This station offers a Fruit & Veggie Bar, juice and **assorted Milk**.

Breakfast: All students in the high school and middle school are offered a complimentary breakfast daily through the 2023 -2024 School Year. Stop down to the Food Court to select your free breakfast before the first period bell.

Note: Parents are responsible for maintaining a positive balance in their child's account. Students can charge up to a negative - \$7.00, in the event that they forget their lunch money or lunch. Students cannot charge over the negative \$7.00 amount. In the event that the debt meets the negative \$7.00 they will be offered a reimbursable meal only. Payment for the negative balance and the meal offered will need to be submitted as soon as possible.

Questions: Call Ms. Aimee Dernosek (High School Kitchen Lead) 412-221-4542 x277 Nutritional Office
Ms. Tricia Wood, Director of Food Services 724-693-3019

Sign Up Credit Card Pay -On-line for school meals: Auto Pay www.myschoolbucks.com

Sign up for Free & Reduced Meals on line: www.schoolcafe.com



SOUTH FAYETTE TWP SCHOOL DISTRICT
Food & Nutrition Department

Tricia Wood, Director of Food Services | (724) 693-3019

APPLY ONLINE FOR FREE & REDUCED MEALS
at www.schoolcafe.com

Avoid the paperwork - Apply online using a tablet,
computer or smartphone type device.

Families that qualified for the National School Lunch Program this past school year have the first 30 days to submit a new application to avoid meal interruption heading into this new school year.

Note: A new application is required for each school year.
(Submitted online or paper version.)

- Students qualifying for Reduced Lunch will pay \$0.40 for any meal offered (including tiered pricing meals).
- Students qualifying for Reduced Breakfast at the Middle School and High School will pay \$0.30.